

The Menu

DINNER

MONDAY

BREAKFASTS

TUESDAY

WEDNESDAY

LUNCHES

THURSDAY

FRIDAY

SATURDAY

SNACKS

SUNDAY

The List

BREAKFASTS

MEAT

LUNCHES

PRODUCE

SNACKS & DRINKS

TOILETRIES & MEDICINE

DAIRY

HOUSEHOLD ITEMS & GIFTS

PANTRY ITEMS

SUBSCRIPTIONS/ONLINE

CLEANING SUPPLIES